

Hi my name is Bradley,

I am 27 and enthusiastic about fitness, Fun and friendship for both children and people (like myself) living with a disability. I have recently set up my own Micro-enterprise. My talent is in coaching sports with experience as:

- 1. School sports soccer coach & Umpire
- 2. Life member of Inclusive sports SA
- Involvement as a State competitor in soccer Aussie rules and Swimming

Bradley Bettens Fun Fitness and Friendships' provides two main programs:



- Vacation Care Soccer: is a soccer program designed for primary school aged children. These Sessions provide a balanced range of activities including ball skills, dribbling, shooting and fun activities to keep children active, engaged and motivated, whilst having fun.
- 2. **Fun Fitness and friendship:** is designed for people with a disability. These sessions are ideal for day Options programs or individuals, and are able to cater to all abilities.

Mell Targino Co coach and colleague, is a soccer coach and talented young futsal player who has represented Australia in the Red Bull Neymar Jr's Five world final in Brazil. Mell is Brazilian and passionate about promoting the world game, plays in WNPL and has community coaching accreditation. Mell loves dancing, Fitness, mixed martial arts and enjoys coaching others.



We both look forward to supporting you in fitness fun and Making friends.

Enquire about **BB Free** group come and try sessions

Contact Manager Val Bettens on 0414 937 404

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Email <u>bradleybettens@gmail.com</u> for further information

